

Non-Fiction

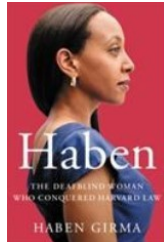
Haben

By Haben Girma

340.092 GIR

The incredible life story of Haben Girma, the first Deafblind graduate of Harvard Law School, and her amazing journey from isolation to the world stage.

**Blind and Deaf*



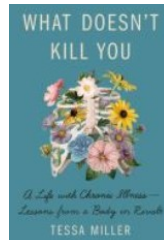
What Doesn't Kill You

By Tessa Miller

616.3 MIL

A candid account of a journalist's awakening to a life of chronic illness, weaving together personal story with reporting.

**Chronic Illness/Crohn's Disease*



Autism in Heels

By Jennifer Cook O'Toole

616.8 OTO

At the age of thirty-five, Jennifer was diagnosed with Autism. Now, Jennifer exposes the constant struggle between carefully crafted persona and authentic existence.

**Autism*



FIND MORE GREAT READS!

OregonPublicLibrary.org/adults/booklists

Fall Down Seven Times Get Up 8

By Naoki Higashida

616.85 HIG

Higashida shares his thoughts and experiences as a 24-year-old living with severe autism.

**Autism*



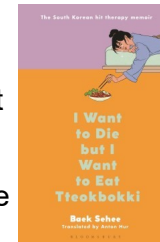
I Want to Die but I Want to Eat Tteokbokki

By Baek Sehee

616.8527 SEH 2022

Baek Sehee is a successful social media director when she begins seeing a psychiatrist about her depression. She hides her feelings at work and with friends, performing the calmness her lifestyle demands. The effort is exhausting and keeps her from forming deep relationships. Is this just what life is like?

**Depression*



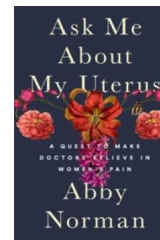
Ask Me About My Uterus

By Abby Norman

618.1 NOR 2018

This memoir follows the author's years-long journey to discover why she was in constant pain, and puts her trials into a broader historical and political context.

**Endometriosis*



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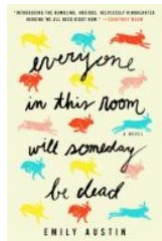
Fiction

Everyone in This Room Will Someday Be Dead

By Emily Austin
F AUSTIN Emily

A morbidly anxious woman stumbles into a job at a Catholic church and becomes obsessed with a mysterious death.

*Anxiety

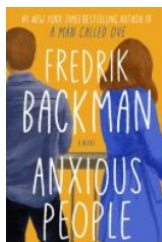


Anxious People

By Fredrik Backman
F BACKMAN Fredrik

Taken hostage by a failed bank robber while attending an open house, eight strangers discover their unexpected common traits.

*Depression



This Close to OK

By Leesa Cross-Smith
F CROSS-SMITH Leesa

A friendship is created once a recently divorced therapist spots a man standing on the edge of a bridge and convinces him to join her for coffee instead of jumping.

*Depression

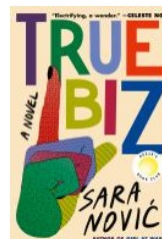


True Biz

By Sara Novic
F NOVIC Sara

The students at the River Valley School for the Deaf just want to be teenagers but a series of crises threaten to change their lives forever.

*Deaf

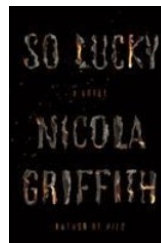


So Lucky

By Nicola Griffith
F GRIFFITH Nicola

The story of a confident woman forced to confront an unnerving new reality when in the space of a single week her wife leaves her and she is diagnosed with multiple sclerosis.

*Multiple Sclerosis

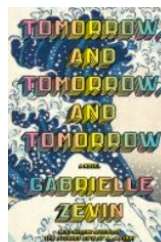


Tomorrow, and Tomorrow, and Tomorrow

By Gabrielle Zevin
F ZEVIN Gabrielle

A modern love story about two childhood friends and the video games they make.

*Physical Disability



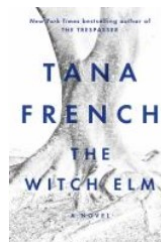
Mystery

The Witch Elm

By Tana French
M FRENCH Tana

Left for dead by burglars Toby takes refuge at his family home before a discovery reveals an unsuspected family history.

*Traumatic Brain Injury



Romance

Getting His Game Back

By Gia De Cadenet
R DE CADENET Gia

A romance about a man struggling to be his perfect self and a woman who is ready to break her "rules" for him.

*Depression



The Bride Test

By Helen Hoang
R HOANG Helen KISS 2

Esme must convince Khai that there is more than one way to love. And Khai must figure out the inner workings of his heart before Esme goes home and is an ocean away.

*Autism



Sci-Fi & Fantasy

Highfire

By Eoin Colfer
FAN COLFER Eoin

Burned out by the days of yore, a vodka-drinking dragon endures misadventures when he crosses paths with a 15-year-old on the run.

*Physical Disability

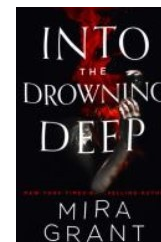


Into the Drowning Deep

By Mira Grant
SF GRANT Mira DEEP 2

For the ambitious young scientist Victoria Stewart her most recent voyage is to uncover the fate of the sister she lost.

*Deaf



Black Sun

By Rebecca Roanhorse
FAN ROANHORSE

A powerful priest, an outcast seafarer, and a man born to be the vessel of a god come together in the first book of a trilogy.

