

Sew What?!

Souper Bowl – March 3, 2018

Protect hands and furniture from hot soup, chili, and oatmeal with a soup bowl cozy that is as cute as it is functional! They're fast and easy to make, which makes them ideal handmade gifts!



Materials:

- 2–10" squares of fabric
- 2–10" squares of batting
- Air- or water-soluble marking pen

Note: If you plan to microwave your bowl, only use 100% cotton fabric, batting, and thread. Anything polyester or metallic with set on fire.

Assemble the Soup Bowl Cozy:

1. Layer each square of fabric on top of a square of batting. Pin around the squares.



2. Quilt an X through each fabric/batting square.



3. Fold one fabric/batting square in half with batting side out. Using a marking tool, mark a dot one inch from the fold and two inches from the top. Draw a line between them.



4. Repeat Step 3 on the bottom corner of the folded square.

5. Sew along both drawn lines. Trim seam allowance to 1/8" to prevent bulk.





6. Fold the fabric/batting square in half in the opposite direction, and mark the fold edge one inch from the fold and two inches from the top and bottom. Draw a line between them.



7. Sew along both drawn lines. Trim seam allowance to 1/8" to prevent bulk.



8. Open the square. It should sit up like a bowl.



9. Repeat steps 3-8 with second fabric/batting square to make a second bowl shape.



10. Turn one bowl shape right side out.



11. Layer both bowl shapes with right sides together, making sure to align corners and side seam lines.



12. Sew around the edges of the layered bowl shapes with a 1/4" seam allowance. Leave a 3" opening along one side for turning.



13. Turn the bowl right side out through the opening. Push out corners.



14. Topstitch around the edge of the bowl, turning the opening in for a 1/4" seam when you get to it to close.

